

CONFERENCE SPEAKERS

Dr. Alan Bern

Musician, composer and musical director, Berlin

The composer, pianist and accordion player obtained an M.A. in Philosophy and a doctorate in composition with a focus on improvisation. A native of Bloomington, Indiana, Alan Bern lived for many years in Boston and Brooklyn before it moved him to Berlin in 1987. During the 1990s he was director of theatre music at the Metropolitan Theatre Bremen and musical director at, among others, the Maxim Gorki Theatre Berlin, Grillo Theatre Essen and the Playhouse Dortmund. His compositions have received awards in the USA, Europe and Israel. Alan Bern is Director of Music of the band *Brave New World*, and initiator and programme director of the *Yiddish Summer Weimar* and *Winter Edition*. He is particularly fascinated by the potential of jointly improvised music that is capable of creating a deep empathic connection between people while allowing for largest possible freedom.

www.alanbern.net



Prof. Dr. Simone Mahrenholz

Philosopher and Professor of Philosophy and Aesthetics, University of Manitoba, Canada

Simone Mahrenholz's research into the relationship between cognition/rationality and the arts is inspired by a deep relationship to music. Her work ranges from alternative concepts of rationality, aesthetics and its relationship to epistemology to the philosophy of music, existentialism and philosophy as a form of living. With a passion for transdisciplinarity she has also engaged with Mindells' process work. Simone Mahrenholz currently explores the interactions of ecology, cybernetics, systems theory and epistemology. She has published numerous articles on, e.g., the philosophy of music, aesthetics, film, and symbol theory. Her most recent publication is a philosophical analysis of creativity (a monograph in German, entitled *Kreativität - Eine philosophische Analyse*, Akademie-Verlag Berlin, 2011).

umanitoba.ca/faculties/arts/departments/philosophy/facstaff/3205.html



Dr. Amy Mindell

Psychologist, psychotherapist and author, Portland, USA

Amy Mindell teaches worldwide in over thirty countries and is in private therapeutic practice in Portland, Oregon. She holds a PhD in psychology and is a diplomate of the Process Oriented Psychology Center of Zurich. So far she has published, in addition to a number of articles in professional journals, books on metaskills, coma, alternative therapeutic concepts and creativity. In addition to her work in the fields of ethics, coma work as well as dance and music, she has for a long time studied the role of the therapist, their feeling skills and the significance of empathy in a therapeutic setting. Her contribution to this, the book *Metaskills - The Spiritual Art of Therapy*, forms one of the centrepieces of process work. She currently explores the field of creativity and process work with the help of her own puppet creations.

www.aamindell.net



CONFERENCE SPEAKERS

Dr. Arnold Mindell

Founder of Process Work, psychotherapist and author, Portland, USA

Arnold Mindell is also in private therapeutic practice in Portland, Oregon, and teaches with his wife Amy around the world. He is known for his development of the 'dreambody' and 'process work' (process oriented psychology). Following his groundbreaking first publication *Dreambody*, he has laid the foundations of process work in, so far, 20 books (including *The Shaman's Body*, *Quantum Mind* and *The Dreammaker's Apprentice*), translated into 26 languages.

Arnold Mindell studied physics (M.Sc. at M.I.T.), was an analyst at the C.G. Jung Institute in Zurich and obtained a doctorate in psychology. Based on his book *Sitting in the Fire*, he is also known for his international expertise in diversity and conflict management work with large groups in highly escalated conflicts. Today, his more recent work on the integration of psychology, physics and transcendence occupies a central place in his practice.

www.aamindell.net



Prof. Dr. Tania Singer

Neuroscientist and Director at Max Planck Institute, Leipzig

Following research in Berlin, London and Zurich, Tania Singer has worked as director of the Department of Social Neuroscience at the Max Planck Institute for Cognitive and Brain Science in Leipzig. Her research is focused on the analysis of developmental, neuronal and hormonal mechanisms that form the foundation for human social behaviour. She is an expert of empathy and compassion and how these can be learned.

<http://www.cbs.mpg.de/staff/singer-11258>



Prof. Dr. Stefan Willich

Doctor of Medicine, Director of the Center for Humanities and Health Sciences at Charité - University Medicine Berlin, and Director of the Academy of Music Hanns Eisler Berlin

Stefan Willich studied music in Stuttgart, medicine in Berlin and Munich, gained a Master of Public Health (Harvard University, USA) and a Master of Business Administration (Fontainebleau, France). Since 1995 he has been director of the Institute for Social Medicine, Epidemiology and Health Economics at Charité - University Medicine Berlin. One of his main research areas lies in integrative medicine. He is a member of several academic committees and societies and has published more than 500 international publications. A passionate musician, he regularly conducts, plays chamber music, and founded in 2007 the World Doctors Orchestra. Stefan Willich was appointed director of the Academy of Music Hanns Eisler Berlin in 2012.

<http://www.hfm-berlin.de/Page13286.html>



CONFERENCE SPEAKERS

Tcha Limberger

Multi-instrumentalist and composer, Brussels

Tcha Limberger was born in a 'Manouche' family with a long-standing musical tradition (his grandfather was the legendary Piotto Limberger). Both his father Vivi, singer and guitar player, and his Flemish mother raised him to understand and appreciate their respective cultures.

At age twelve, he started playing the clarinet, joining the family orchestra 'The Piotto's'. Meanwhile, he studied the flamenco guitar, switched to Django-style guitar playing, and, with seventeen, started studying the violin. By the time he was twenty-one, he left Belgium for Budapest, where he took classical and tzigane classes from Horvath Bela. Back in Belgium Tcha made his debut as a composer in 'Patchagonia'.

Some years ago, Tcha was able to realize an old dream: founding an outstanding traditional Magyar Nota band. He has also formed the Kalotaszeg trio and started the quintet 'Les Violons de Bruxelles'. His most creative musical experience Tcha finds in playing with the 'Gitaar Duo Tcha Limberger-Herman Schamp', where he has started to explore and enjoy free improvisation in a very intense and unlimited way.

His most recent recording is the first album of 'Les Violons de Bruxelles', has just been released.

www.tchalimberger.com



Dr. phil. Tanja Hetzer

Coach, historian and author, Berlin

Following her university studies in contemporary history at the Universities of Zurich and Bielefeld, Tanja Hetzer gained a doctorate from the University of Sussex. She has published in the fields of anti-Semitism research, National Socialism, as well as childhood memories of the Shoa. Encountering the deep-reaching trans-generational psychological effects of the Shoa and the war led her to pursue therapeutic training in process-oriented psychology (after Arnold Mindell) at the Institute for Process Work in Zurich (2003-2011). She founded, together with Achim Goeres, the Hanuman Institute for coaching, workshops, supervision and facilitation, primarily working with universities. She is in private practice as a coach and supervisor. Since 2008 she regularly conducts historical and psychological workshops concerned with the long-term psychological effects of National Socialism, war and holocaust in the second and third generations. Since 2013 she teaches at the World Peace Academy for Peace Studies in Basel.

www.hanuman-institut.de



Dr. rer. nat Achim Goeres

Coach, astrophysicist and musician, Berlin

During his research as a post-doctoral astrophysicist, Achim Goeres was inspired by a course in process work (after Arnold Mindell, 1992-1998) to explore further inter-disciplinarity, epistemological processes and humans as such. As process facilitator he has since worked as a coach, supervisor and facilitator, working with managers, entrepreneurs and not-for-profit organisations as well as in teaching and continuous professional development in Higher Education institutions. He has published on interdisciplinary topics in the border regions of physics, music and process work. With Tanja Hetzer he founded in 2008 in Berlin the Hanuman Institute for coaching, process facilitation and research. Together, they offer a training course in process-oriented coaching and facilitation and teach at the World Peace Academy for Peace Studies in Basel. Every summer he gives concerts as an organist in the Swiss Mountains.

www.hanuman-institut.de

